

Primary Care Services at Spira Care Centers – at NO additional cost to the member. *(Does not include prescription drugs.)*

- Advanced Primary Care for Adults, Children and Adolescents.
- Routine Preventive Care including wellness visits, screenings and immunizations.
- Sick Care for things like pink eye, the flu and urinary tract infections. Patients can call to inquire about same- and next-day appointments.
- Chronic Medical Condition Management for things like diabetes and heart disease.
- Behavioral Health Consultations for things like stress, depression and anxiety. Behavioral health consultants also help patients manage underlying behavioral health challenges that accompany chronic medical conditions like diabetes, hypertension and chronic pain, among others.
- Health Coaching to partner with patients on self-directed, personalized plans for overall health and wellbeing, self-care and more.
- Routine Lab services for primary care needs at all Care Center locations as ordered by a Spira Care provider.
- Digital X-Ray services for primary care needs and as ordered by a Spira Care provider. If your Spira Care Center does not offer this service on-site, your Care Team will schedule a time at a Spira Care Center that does.
- Diabetes Education to inform, support and advocate for patients while helping them manage diabetes and reach their treatment goals.
- Union members will continue to contact their Fund Administrator for questions about plan benefits and costs.

To be eligible, your Blue KC health plan offering through your Union Fund must include exclusive access to Spira Care Centers.

*Appointments are required for all care needs including same- and next-day appointments. No walk-ins.

**Hours are subject to change.



**Nine Spira Care Centers.
Unlimited convenience.**



Blue KC is proud to offer Union clients a health plan with exclusive access to Spira Care Centers.

- **First dollar coverage:** Union members with a plan that includes exclusive access to Spira Care Centers have no additional cost for any appointments or services at Spira Care Centers. *(Does not include prescription drugs.)*
- **Advanced Primary Care:** Services include routine preventive care, chronic medical condition management, treatment of illness, behavioral health consultations and more.
- **Doctor-Led Care Teams:** Including Physicians, Physician Assistants, Nurse Practitioners, Behavioral Health Consultants and Care Guides.
- **Spira Care Centers:** Crossroads, Independence (opening late December 2022), Lee's Summit, Liberty, Olathe, Overland Park, Shawnee, Tiffany Springs, and Wyandotte.

Spira Care Centers. The push to transform care and lower costs through medical homes also spawned an advanced primary care model in the Kansas City area called Spira Care that combines patient-centered primary care with an insurance offering. In 2018, Spira Care opened its first Spira Care Center. Today there are nine locations across the Kansas City metro area. Union members with a plan that includes exclusive access to Spira Care Centers have a full array of advanced primary care services available to them under one roof including doctor-led Care Teams for routine preventive care, sick care, chronic medical condition management and behavioral health consultations. On-site Care Guides are also available to coordinate care. [Learn more about locations, hours and Care Teams at SpiraCare.com.](#)

Spira Care Centers	Crossroads	Independence Opening late December 2022	Lee's Summit	Liberty	Olathe	Overland Park	Shawnee	Tiffany Springs	Wyandotte
Primary Care for adults, children and adolescents	X	X	X	X	X	X	X	X	X
Routine Preventive Care	X	X	X	X	X	X	X	X	X
Sick Care*	X	X	X	X	X	X	X	X	X
Chronic Medical Condition Management	X	X	X	X	X	X	X	X	X
Behavioral Health Consultations	X	X	X	X	X	X	X	X	X
On-Site Care Guides	X	X	X	X	X	X	X	X	X
Routine Labs	X	X	X	X	X	X	X	X	X
X-Ray	X	X			X	X	X	X	X
Saturday Hours**	X					X	X	X	
Health Coaching and Diabetes Education are shared services and available to patients across all Spira Care Centers. Clinicians rotate locations throughout the week.									
Health Coaching	X	X	X	X	X	X	X	X	X
Diabetes Education	X	X	X	X	X	X	X	X	X

\$ Union members enrolled in Blue KC plans with exclusive access to Spira Care Centers will incur no additional cost for appointments and services at Spira Care Centers.